

The Mandala Package



A mandala is a symbol of wholeness. Are you ready to feel empowered and live a centered, healthy life? The Mandala Package brings balance into all facets of your life. The experience is different for everyone and is based on your needs and goals.

- *Discover what works for you*
- *Align your career, relationships, and spirituality with you goals*
- *Get support and accountability as you bring your life into balance*
- *Email follow up each week*

A program will be designed for you. We meet in private sessions (in person or via technology) every two weeks.

6 month program commitment - \$600

3 month program commitment - \$300

